

Cable and Wake are proud to host the All Ireland Cable Wakeboard Championships from 23rd-24th June 2018 at Knockbracken Reservoir, Carryduff.

The event will take part over 2 days. Competition on Saturday with free ride and Big Air comp on Sunday. Times and categories will be adjusted according to competitor numbers. The IWWF, E & A Rules will apply to the competition and the event is being hosted on behalf of the Irish Waterski and Wakeboard Federation.

It will likely begin around 1:30PM on 23rd June and finish by dusk that evening with free riding for competitors and Big Air Comp Sunday.

The site offers accommodation in a glamping village as well as BBQ cabins, indoor communal areas and fire pit which will be utilised for the evening social event.

We encourage competitors and friends to stay the evening of the 23rd as we will arrange a social BBQ to celebrate the event.

Entry Requirements:

Competitors must be registered with an IrWWF club, have a competitor license from the federation website and have completed their anti-doping course online. You can get registered with Cable and Wake for £10. Just let us know if you require this.

Costs:

Entry: £40

Brunch on Saturday: Included

Evening BBQ Event: £10

Cabin Rental: £60 each. Sleeps 4 people (£15/person).

See federation license costs below.

Location:

Knockbracken Reservoir,

Mealough Rd, off Saintfield Rd

Carryduff,

BT8 8BP

Turn right into the site entrance from Mealough Road and find a parking space. Make your way to The Cable Park for check-in.

Local Restaurants:

Goodness Rocks, Saintfield Road.

Ivanhoe Hotel, Saintfield Road.

Local Amenities:

Breckenvale Garage with mini supermarket, butchers, off license, Mc Donald's.

Accommodation:

Glamping on site in wooden huts with mattresses \pm 60/hut sleep 4 in each. Please bring sleeping bag and pillow with you.

Ivanhoe Hotel Saintfield Rd average cost per night £82/night

License Required:

The National Cable Wakeboarding Championships are an official Irish Waterski and Wakeboard Federation event. In order to compete at the event you will need to have a licence which you can obtain from the federation website here:

http://www.irishwwf.ie/iwwf/policies/licences

Every rider must hold a licence to enter, to avoid congestion you should apply on line to the IWWF in advance of the competition to the link above. Please make sure that you get the licence well in advance of the event. The cost of the one off event licence is $\in 10$.

Registration:

Each rider must register by 5pm Friday 22nd June on registering they will be obliged to sign an Anti Doping form and show proof that they have a valid competition Licence from the IrishWWF. A link will be on <u>www.cableandwake.com</u> from beginning of May to register online.

Rules:

To be run in accordance with the Cable Wakeboard World Rules see link below:

http://myzone.cablewakeboard.net/

Categories:

U11 (11 or under), Mini Boys & Mini Girls: The last year a rider is allowed to compete in this category is the year of his 11th birthday.

U15 (15 or under), Boys & Girls: The last year a rider is allowed to compete in this category is the year of his 15th birthday.

U19 (19 or under), Junior Men & Ladies: The last year a rider is allowed to compete in this category is the year of his 19th birthday.

Open Men, Open Ladies: No age restriction

+30, Masters Men & Ladies: The first year a rider is allowed to compete is the year of their 31st birthday.

+40, Veterans Men & Ladies: The first year a rider is allowed to compete is the year of their 41st birthday.

Provisional Schedule:

Subject to change, please follow Facebook group

Friday Evening June 22nd:

-Competitors only sessions 5pm-7pm. £10 per session

Saturday June 23rd:

- Scheduled warm ups from 09.00 to 13.00. Competitors staying on-site from the night before will be scheduled the earlier warm-up times giving people travelling from off site chance to arrive. If you miss your scheduled slot you will miss your warm up time.
- Competition Runs from 1:30pm to 7pm. Running orders will be announced on the weekend.

- Event Dinner scheduled for 8.00pm at the BBQ and fire pit area at The Old House on site.

Sunday June 5th:

- Morning Jam Session runs from 9.00am to 12.00pm
- Big Air Comp 12:30-2:30pm

Competition Page:

An official page on will soon be on cable wakeboard.net http:// myzone.cablewakeboard.net/

A competitor's Facebook page for up to date event will be on by start of May. Please see our Facebook page for link. http://www.facebook.com/ cableandwake

Competition Format:

Every competitor will have a minimum of two rounds. Each round will have two passes of the course (up and back x 2). The rounds will be broken into qualifiers, LCQ's (last chance qualifiers) Semi Finals & Finals depending on the amount of riders in each division.

One round will consist of two runs (passes) through the course, each run consisting of combinations of inverts, grabs, rotational tricks, and features. Riders may perform any tricks they choose in any order they wish. Only the best out of the two runs will be scored.

Officials:

To be advised in Bulletin 2.

The Course:

The competition will be on our upgraded Rixen two tower cable system with a 180m run (220m tower to tower and a full 180m run).

Obstacles:

Medium Kicker x 1

Butter Box x1

Large Spine Kicker x1

Anti-Doping Regulations:

Members of the IrishWWF are bound by the Irish Anti-doping rules and fully accept that by becoming a member of the IrishWWF they agree that they are bound by these rules. You will be required to sign a declaration to abide by these rules at registration on competition day.

Be a REAL WINNER - complete this course - see the link below:

http://www.irishsportscouncil.ie/Ant-doping/Education/ Are_you_a_real_winner_/